



Humboldt Domestic Violence Services

24-Hour Support Line

Local: **(707) 443-6042**

Toll-free: **(866) 668-6543**

Confidential Intimate Partner Violence
Emergency Services

Community Resources and Referrals

Emergency Shelter

Support Groups (Free Childcare Provided)

Peer Counseling

Children's Services

Emergency Food & Clothing

Restraining Order Assistance

Court Accompaniment

Alcohol & Other Drugs Support, Referrals,
and Sobriety Plans

OTHER COMMUNITY RESOURCES

County Mental Health Crisis Line:
445-7715

DHHS Call Center: 877-410-8809

(Cal-Fresh/Medi-Cal/CalWORKS/general relief)

North Coast Rape Crisis Team: 445-2881

Youth Services Bureau 24-hr Hotline:
444-CARE(2273)

Humboldt Domestic Violence Services



*Breaking the cycle of domestic and intimate partner
violence through services, education, and advocacy*

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**Please note: you do NOT need to be in "crisis" to call!
Call this number to speak to our advocates*

Business Office (donation/business calls ONLY)....(707) 444-9255



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Does Your Partner Ever...

Insist on knowing where you are, who you are with, how long you'll be gone?

Tease you about your body or manipulate you to do sexual thing when you don't want to?

Call you names, ignore your feelings, or criticize qualities you like about yourself?

Constantly accuse you of having sex or flirting with people in your life (teacher, friends, bosses, co-workers, etc.)

Monitor what you wear, how you wear it, or how much makeup you put on?

Get angry easily, experience quick mood changes, or demonstrate unpredictable behavior?

Break or throw things, punch or kick walls and doors when angry?

Slap, push, hit, choke, kick, grab, spit, trip, bite, or restrain you?

Threaten to abuse, torture, or kill children, family, friends, or family pets to scare you?

These are all signs that may indicate you are in an abusive relationship.

Living in fear isn't living your life.

Intimate partner violence happens to women, men, lesbian, gay, and transgender people. Intimate partner violence crosses all social and economic lines and affects the entire family.

What Happens When You Call the Support Line:

You will speak to one of our dedicated crisis workers.

No one will blame or judge you for the violence.

We will listen to you.

We will provide you with information and referral.

We can meet you at a doctor's office, clinic, hospital, or another safe place.

We will explore your options.

We will work with you to develop a safety plan that will work for you.

We can provide emergency shelter.

Humboldt Domestic Violence Services (HDVS) has been serving the North Coast since 1977. Founded on the basic principles of strength-based empowerment and non-violence. We have continually expanded our services throughout the years to assist all those living with or escaping from abuse.

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