

## HDVS SERVICES

**24-Hour Support Line:**  
**(707) 443-6042**  
**Toll-free:**  
**1-866-668-6543**

COMMUNITY RESOURCES  
AND REFERRALS

SAFE HAVEN PROGRAM

SUPPORT GROUPS  
Includes free child care

PEER COUNSELING

CHILDREN'S SERVICES

EMERGENCY FOOD & CLOTHING

RESTRAINING ORDER ASSISTANCE

COURT ACCOMPANIAMENT

ALCOHOL AND OTHER DRUGS SUPPORT  
Referrals and Sobriety Plans

OTHER COMMUNITY RESOURCES:

**Victim Witness**  
**Humboldt County District Attorney's Office**  
(707) 445-7417

**Humboldt County Mental Health Crisis Line**  
(707) 445-7715

**North Coast Rape Crisis Team**  
(707) 445-2881

**Youth Service Bureau 24-hr Hotline**  
(707) 443-CARE (2273)

## OUR MISSION

**Breaking the cycle of domestic and intimate partner violence through services, education, and advocacy.**

## OUR VISION

**The vision of Humboldt Domestic Violence Services is the elimination of domestic violence.**

Funded in part by CalOES funds, special grants and community donations.



LGBTQ

HDVS is an equal opportunity employer



# HUMBOLDT DOMESTIC VIOLENCE SERVICES

**Confidential Emergency  
Support Services**

**Ongoing Strength-Based Programs  
for Adults and Children**

**24-Hour Support Line:**  
**(707) 443-6042**  
**Toll-Free: 1-866-668-6543**

Business Office: (707) 444-9255  
Monday-Friday 9am—5pm  
P.O. Box 969, Eureka CA 95502  
dvservices@hdvs.org  
www.hdvs.org

## DOES YOUR PARTNER EVER...

Insist on knowing where you are, who you are with, or how long you'll be gone?

Constantly accuse you of having sex or flirting with people in your life (teachers, friends, bosses, coworker(s), etc.?)

Monitor what you wear, how you wear it, how much makeup you put on?

Get angry easily and have quick mood changes or unpredictable behavior?

Call you names, ignore your feelings, and/or criticize qualities you like about yourself?

Break or throw things, punch or kick walls and/or doors when angry?

Threaten to abuse, torture, or kill pets to scare you?

Threaten to abuse, torture, or kill your children, family, friends, or animals?

Tease you about your body or manipulate you to do sexual things when you don't want to?

Slap, push, hit, choke, kick, grab, spit, trip, bite, or restrain you?

**THESE ARE ALL SIGNS THAT MAY INDICATE YOU ARE IN AN ABUSIVE RELATIONSHIP**

**Humboldt Domestic Violence Services** has been serving the North Coast since 1977. Founded on the basic principles of consensus-based empowerment and non-violence, we have continually expanded our services through the years to assist all those living with or escaping from abuse.

## WHAT IS INTIMATE PARTNER VIOLENCE?

Intimate Partner Violence takes many forms. It can be an occasional slap or push, it can be threats of physical harm or even death. It can be control over the lives of others—the refusal to let someone work, go to school. Or to leave the house. It can be insults and curses. It can be threats to deport someone, take away one's children, or ruin one's reputation.

Intimate Partner Violence is not only physical threats of harm, it can be emotional, verbal, sexual, or economic abuse. It can take place within a marriage, a dating relationship, a gay or lesbian relationship, or a former marriage or dating relationship.

**No one deserves to be abused.**

**It is not your fault.**

**You are not crazy.**

**You are not alone.**

## WHAT HAPPENS WHEN YOU CALL THE SUPPORT LINE?

- You will be put in touch with an advocate
- No one will blame you or judge you
- We will listen to you
- We will provide you with information and referrals
- We can meet you at a doctor's office, clinic, hospital, or another safe place
- We will explore your options
- We will work with you to develop a safety plan that will work for you

## WHAT YOU CAN DO

**Call Humboldt Domestic Violence**

**Services at our 24-hour**

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**or Toll-free:**

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