

## **Substance Abuse and Gambling Addiction Support**

*Please note that the resources below are organized into categories in this order: Alcohol Support, Other Drug Support, Gambling Support, Tobacco Support, and Religious Resources. This last category lists faith-based recovery programs. Some providers offer more than one type of program and may be listed under more than one category.*

### **Alcohol Support**

#### **Al-Anon and Alateen in Northern California**

(707) 443-1419 / P.O. Box 6425, Eureka CA 95502

Support for teens and families struggling with alcohol abuse—see website for meeting times and locations.

Website: <https://www.ncwsa.org/>

#### **Alcohol & Drug Care Services, Inc.**

(707) 445-DTOX (707-445-3869) / 1335 C Street, Eureka CA 95501

24/7 hotline and detox center. Fees are based on patient's ability to pay

#### **Alcohol and Other Drug Programs (Humboldt County)**

(707) 476-4054 / 720 Wood Street, Eureka CA 95501

Offers a recovery program for alcohol and other drugs utilizing treatment groups (Dads group, Women's recovery group, Men's seeking safety group). Individuals that require residential treatment, detox services, or individual counseling will be referred to a local treatment program.

Website: <http://humboldt.gov/411/Alcohol-and-Other-Drugs-Treatment-Service>

#### **Alcoholics Anonymous**

24-hr Answering Service (Humboldt Co.): (844) 442-0711

General Questions: (707) 702-1545 / P.O. Box 3504, Eureka CA 95502

See website for meeting times and places

Website: <http://aahumboltdelnorte.net/meetings.html>

**Healthy Moms Program**

(707) 441-5220 / 2910 H Street, Eureka CA 95501

An alcohol and other drug recovery program offered by Humboldt County Department of Health and Human Services (DHHS) to support mothers who are pregnant and/or have children 6 years old and under and are coping with addiction.

Website: <http://www.humboldt.gov/417/Healthy-Moms-Program>

**Hoopa Human Services**

(530) 625-4236 / Orchard Road, Hoopa CA 95546

Alcohol and other drugs services for Hoopa tribal members, including: one-on-one counseling, AA and NA weekly meetings, and teen and adult outpatient programs.

Website: <https://www.hoopa-nsn.gov/>

**Humboldt Family Service Center**

(707) 443-7358 / 1802 California Street, Eureka CA 95501

Offers substance abuse and gambling addiction treatment programs with a certified professional.

Website: <http://humboldtfamilyservice.org/>

**Humboldt Recovery Center**

(707) 443-4237 or (707) 443-0514 / P.O. Box 6310, Eureka CA 95502

Substance abuse treatment facility with residential programs that help create a healthy life skills, 90-180 days. Licensed and certified by the State of California's Department of Alcohol and Drug Programs.

Website: [http://humboldtrecoverycenter.org/About\\_Us.html](http://humboldtrecoverycenter.org/About_Us.html)

**North Coast Substance Abuse Council: Crossroads Residential Substance Abuse Treatment Facility**

(707) 445-0869 / 1205 Myrtle Avenue, Eureka CA 95501

A sober living facility for those struggling with alcohol or drug abuse. Long-term residential treatment and outpatient services.

**Singing Trees Recovery Center**

(707) 247-3495 / Toll-free: (800) 344-3799

Residential program for the treatment of alcohol and other drug dependencies, including medical support, intensive education and counseling. 30/60/90 day residential treatment plans with 1 year of free aftercare, and 14-day residential treatment program with 3 months of free aftercare. Uses concepts and principles taken from AA and NA.

Website: <http://singingtreesrecovery.com/>

**St. Joseph Hospital Community Resource Centers**

Alcohol and drug rehabilitation programs, counseling, and smoking cessation programs, along with a plethora of medical and social services.

Blue Lake: (707) 668-5239 / 111 Greenwood Road

Eureka: (707) 442-5239 / 35 West 3<sup>rd</sup> Street

Loleta: (707) 733-5239 / Loleta Grammar School, 700 Loleta Drive

Rio Dell: (707) 764-5239 / 99 Wildwood Avenue

Willow Creek: (530) 629-3141 / 38883 Hwy 299

**Substance Abuse and Mental Health Services Administration (SAMHSA)**

(877) SAMHSA-7 (726-4727) / TDD: (800) 487-4889

Hotline for SAMHSA, an agency within the U.S. Department of Health and Human Services leading public health efforts to advance the behavioral health of the nation. Their mission is to reduce the impact of substance abuse and mental illness in America.

Website: <http://www.samhsa.gov/>

### **Substance Abuse Treatment Services for Youth (United Indian Health Services)**

Drug and alcohol education, prevention counseling, and treatment referrals for Native youth

Website: <http://www.unitedindianhealthservices.org/client-services/substance-abuse-treatment-services-youth-sats>

Arcata: (707) 825-5000 / Toll-free: (800) 675-3693 / Potawot Health Village Crescent City:

Elk Valley Office: (707) 464-2919 / Toll-free: (800) 293-2919

Medical Office: (707) 464-2750

Fortuna: (707) 725-7988 / Fortuna Health Center

Klamath: (707) 482-2181 / Klamath Health Clinic

Weitchpec: (530) 625-4300 / Weitchpec Health Clinic

### **Other Drug Support**

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**Humboldt Narcotics Anonymous**

24-hr Helpline: (707) 444-8645 / Toll-free\*: (866) 315-8645

Meetings and resources for recovering addicts, see website for times.

\*For 707 area code only

Website: <http://www.humboldtna.org/>

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**North Coast AIDS Project (NorCAP)**

(707) 268-2132 / 908 7<sup>th</sup> Street, Eureka CA 95501

Offers HIV/AIDS and Hepatitis C prevention, education, and testing.

Website: <http://www.humboldt.gov/620/North-Coast-AIDS-Project-NorCAP>

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### **Gambling Support**

#### **California Council on Problem Gambling**

1 (800) GAMBLER / Text the word “support” to 53342

A California-based non-profit organization focused on helping gamblers and their families

Website: <http://www.calpg.org/>

#### **Gamblers Anonymous**

Northern California Hotline Number: 855-2CALLGA (22-5542)

Website: <http://www.gamblersanonymous.org/ga/>

#### **Humboldt Family Service Center**

(707) 443-7358 / 1802 California Street, Eureka CA 95501

Offers substance abuse and gambling addiction treatment programs with a certified professional.

Website: <http://humboldtfamilyservice.org/>

#### **National Council on Problem Gambling**

Call or Text: 1 (800) 522-4700

A free, 24-hour helpline to support those struggling with a gambling addiction

Website: <http://www.ncpgambling.org/>

## Tobacco Support

### **CA Smokers Helpline**

1 (800) NO-BUTTS (662-8887)

A free, 24-hour helpline to help smokers quit

Website: <http://www.nobutts.org/>

### **Chewers Helpline**

1 (800) 844-CHEW (2439)

A free, 24-hour helpline designated to help chewers quit

Website: <http://www.nobutts.org/chew>

### **Nicotine Anonymous**

1 (877) TRY-NICA (879-6422)

See website to search for local meetings

Website: <https://nicotine-anonymous.org/>

### **Tobacco-Free Humboldt**

(707) 268-2132 / 908 7<sup>th</sup> Street, Eureka CA 95501

Program of Humboldt County Department of Health and Human Services (DHHS) that offers programs, classes, and self-help materials for individuals who are trying to quit smoking

Website: <http://humboldt.gov.org/662/Tobacco-Free-Humboldt>

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## Religious Resources

### **Celebrate Recovery**

(707) 442-1784 ext. 211 / 1032 Bay Street, Eureka CA 95501

Regular, faith-based support groups for those coping with addiction and/or other issues.

Website: <http://eurekafaithcenter.org/ministries/celebrate-recovery/>

### **Cornerstones Recovery (This Side of the Rock Fellowship Church)**

(707) 725-9252 / P.O. Box 700, Fortuna CA 95540

Several sober-living houses in Eureka and Rio Dell for men, women, and women with small children. The featured 12-step program is Celebrate Recovery, along with traditional NA and AA 12-step program. Facilitated by Pastor Scotty West.

Website: <http://www.thissideoftherock.org/outreaches/recovery/recovery-transitional-housing/>

### **Eureka Rescue Mission**

(707) 445-4551 / 110 2<sup>nd</sup> Street, Eureka CA 95501

The Men's New Life Discipleship Program, available through the Eureka Rescue Mission, is a year-long residential program that requires sobriety to participate. Being a Christian or religious is not required, but the program is faith-based.

Website: <http://www.eurekarescuemission.org/>

### **Fortuna Adventist Community Services**

(707) 725-1166 / 2331 Rohnerville Road, Fortuna CA 95540

Fortuna Adventist Community Services houses the HART program (Humboldt Alcohol Recovery Treatment), a program for those convicted of a DUI or DWI. Multiple classes are available which satisfy various court requirements. Call the number above for details.

Website: <http://fortunaacs.com/>

### **Redwood Teen Challenge**

(707) 268-8727 / 2212 2<sup>nd</sup> Street, Eureka CA 95501

Offers one-year discipleship programs for men and women (over 18 years of age). Call the number above for more details. Website: <http://redwoodtc.org/>