

## Health

### **American Association of Poison Control Centers**

(800) 222-1222

Website: <http://www.aapcc.org/>

### **Cancer Information Service**

(800) 4-CANCER(22-6237)

Website: <http://www.cancer.gov/contact/contact-center>

### **CDC-INFO (formerly CDC National AIDS Hotline)**

(800) CDC-INFO (232-4636) / TTY: (888) 232-6348

This number has English and Spanish options.

Website: <http://www.cdc.gov/cdc-info/>

### **National Eating Disorders Association Helpline**

(800) 931-2237

The NEDA Helpline is available M-Th: 6a-6p, F: 6a-2p (Pacific), and is closed on most United States national holidays—see website for full list.

Website: <http://www.nationaleatingdisorders.org/information-referral-helpline>

### **National Hopeline Network (Kristin Brooks Hope Center)**

(800) 442-HOPE(4673) / Spanish: (800) SUICIDA (7842432)

Non-profit organization focused on suicide prevention, awareness, and education.

Website: [www.hopeline.com](http://www.hopeline.com)

### **Substance Abuse and Mental Health Services Administration (SAMHSA) Helpline**

(800) 662-HELP (4357)

Available 24/7, 365 days/year, in English and Spanish

Website: <http://www.samhsa.gov/find-help/national-helpline>