

Counseling

Beacon Health Strategies

(888) 204-5581

Provides referrals to counseling services. Screening takes place over the phone then referral is made. Must be a Beacon member to be referred.

Website: <http://www.beaconhealthstrategies.com/>

The Emma Center

(707) 443-3935 / P.O. Box 3188, Eureka CA 95502

Support for victims of trauma—counseling/resources referrals, therapeutic services including support groups

Website: <http://emmacenter.org/>

Faith Center (Foursquare Church)

(707) 442-1784 / 1032 Bay Street, Eureka CA 95501

Groups/classes on divorce, grief, loss, anger management, recovery, and more.

Website: <http://eurekafaithcenter.org/>

HSU Community Counseling Clinic

(707) 826-3921 / 2nd Floor BSS Bldg Rm. 208, HSU, Arcata CA 95521

Staffed by HSU psychology faculty and graduate students. Sliding scale fees (\$5-\$25). Operates on HSU academic schedule (closed during holidays and university breaks). Call for current hours.

Website: <http://www2.humboldt.edu/psychology/hsu-community-counseling-clinic>

Humboldt County Mental Health Services

24- hour Crisis Line: (707) 445-7715 or toll-free: (888) 849-5728 / 720 Wood Street, Eureka CA 95501

Health screening, assessment, individual/group therapy, medication support for those with chronic mental illness. Medi-cal accepted. Same day services if emergency.

Website: <http://humboldt.gov/329/Mental-Health>

Humboldt County Transition Age Youth Collaboration

(707) 268-2800 or (888) 849-5728 / 1711 3rd Street, Eureka CA 95501

Humboldt County Mental Health department. Provides individual, family, and group counseling and a whole range of other services.

Website:

http://www.humboldtyouth.org/resources/mental_health_resources.htm

Humboldt Family Service Center

(707) 443-7358 / 1802 California Street, Eureka CA 95501

M-Th 9am-12n and 1-4pm, Friday 9am-1pm. Sliding scale fees. Counseling services for children, families, and adults, family violence program, support groups

Website: <http://humboldtfamilyservice.org/>

Human Response Network

(530) 623-2024 or toll-free: (800) 358-5251 / 111 Mountain View Street, Weaverville CA 96093

Support groups, education courses, youth support services

Website: <http://www.humanresponsenetwork.org/index.asp>

IMAlive Suicide Hopeline

1 (800) 442-HOPE (4673)

24/7 hotline for those who are depressed and/or thinking about suicide, or for those who know someone who is. Offered through the Kristin Brooks Hope Center, a nonprofit focusing on suicide prevention, awareness, and education.

Website: <http://hopeline.com/hotline/>

Mobile Medical Office

(707) 443-4666 / Main office address: 2426 Buhne St, Eureka CA 95501

Hours: M-F 8am-5pm. Mental/behavioral health services, substance abuse treatment, skilled nursing services, and Latino health services, including referral for professional counseling. Se habla Español. See website for location calendar.

Website: <http://opendoorhealth.com/opendoor/locations/mobile-health-services>

National Suicide Prevention Lifeline

1 (800) 273-TALK (8255)

24/7 confidential hotline for those in crisis (substance abuse, economic worries, relationship and family problems, sexual orientation, illness, recovering from abuse, depression, mental and physical illness, loneliness) and/or thinking about committing suicide.

Website: <http://www.suicidepreventionlifeline.org/>

North Coast Rape Crisis Team

(707) 445-2881

Support Groups and in-person counseling. Call for intake, No Walk-Ins.

Website: <http://www.ncrct.org/>

North Country Clinic

(707) 822-2481 / 785 18th Street, Arcata CA 95521

Hours: M-F 8am-5pm. Full-service medical clinic, behavioral health counseling and support, opiate dependency treatment, children's health services. Will help determine eligibility for Medi-Cal, Medicare, etc. Discounts for those without insurance, based on ability to pay.

Website: <http://opendoorhealth.com/opendoor/locations/northcountry-clinic>

Redwoods Rural Health Center

(707) 923-2783 / 101 West Coast Rd, Redway CA 95560

Counselors are available Monday-Friday. Walk-ins are accepted, but appointments are highly recommended. MediCal accepted.

Website: <http://www.rrhc.org/forward/>

Remi Vista Community Counseling

(707) 268-8722 / 3960 Walnut Drive, Eureka CA 95503

Individual, couples, and family counseling, support for parents, grief counseling, and many other counseling services. \$60/50-minute session.

Accepts private insurance, but check with your provider if services rendered at Remi Vista are covered. By appointment only.

Website: <http://www.remivistacounseling.com/>

Substance Abuse and Mental Health Services Administration (SAMHSA)

(877) SAMHSA-7 (726-4727) / TDD: (800) 487-4889

Hotline for SAMHSA, an agency within the U.S. Department of Health and Human Services leading public health efforts to advance the behavioral health of the nation. Their mission is to reduce the impact of substance abuse and mental illness in America.

Website: <http://www.samhsa.gov/>

Victim Witness (part of the District Attorney's office)

Main: (707) 445-7417 / 712 4th Street, Eureka CA 95501

Assists survivors of crime to navigate the court system. Funding for counseling when client has been victim of a crime, Application process – call for details.

District Attorney's Website: <http://www.humboldt.gov.org/289/District-Attorney>

Individual Counselors (Domestic/Intimate Partner Violence)

Eureka:

Carol Coal LCSW—(707) 442-7806

Julie Beach MFT – (707) 269-0177

Arcata:

Doug Hrabko MFT—(707) 822-4645 / Website: <http://doughrabko.com/>

Susan Neander LCSW—(707) 822-3998