

## HDVS SERVICES

24-Hour Crisis/Support Line  
(707) 443-6042  
Toll Free  
1-866-668-6543

### COMMUNITY RESOURCES AND REFERRALS

#### EMERGENCY SHELTER

#### SUPPORT GROUPS

Includes free childcare  
444-9255 (available by reservation)

#### PEER COUNSELING

#### CHILDREN'S SERVICES

#### EMERGENCY FOOD, CLOTHING, AND TRANSPORTATION

#### RESTRAINING ORDER ASSISTANCE

#### COURT ACCOMPANIMENT

#### ALCOHOL AND OTHER DRUGS SUPPORT

Referrals And Sobriety Plans

#### OTHER COMMUNITY RESOURCES:

Victim Witness  
Humboldt County DA's Office  
(707) 445-7417

County Mental Health Crisis Line  
(707) 445-7715

Northcoast Rape Crisis Team  
(707) 443-2737

Youth Service Bureau  
(707) 443-8322

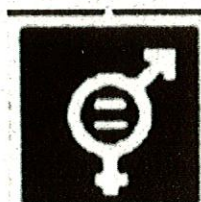
## OUR MISSION

The mission of Humboldt  
Domestic Violence Services is  
to break the cycle of Intimate  
Partner Violence through  
services, education, and  
advocacy.

## OUR VISION

The vision of Humboldt  
Domestic Violence Services is  
the elimination of Intimate  
Partner Violence.

Funded in part by CalEMA funds, special grants  
and community donations.



LGBTQ

HDVS is an equal opportunity employer



## HUMBOLDT DOMESTIC VIOLENCE SERVICES

Confidential  
Emergency Support Services

Ongoing Strength Based Programs  
for Women, Men, and Children

24-Hour  
Crisis/Support Line  
(707) 443-6042

Toll Free: 1-866-668-6543

Business Office: (707) 444-9255  
Monday-Friday 9am-5pm

P.O. Box 969, Eureka, CA 95502  
dvservices@hdvs.org

www.hdvs.org

## DOES YOUR PARTNER EVER...

Insist on knowing where you are, who you are with, how long you'll be gone?

Constantly accuse you of having sex or flirting with people in our life (teachers, friends, bosses, co-worker(s))?

Monitor what you wear, how you wear it, how much makeup you put on?

Get angry easily and have quick mood changes or unpredictable behavior?

Call you names, ignore your feelings, and criticize qualities you like about yourself?

Break or throw things, punch or kick walls and doors when angry?

Threaten to abuse, torture, or kill pets to scare you?

Threaten to abuse, torture, or kill your children, family, friends, or animals?

Tease you about your body or manipulate you to do sexual things when you don't want to?

Slap, push, hit, choke, kick, grab, spit, trip, bite, or restrain you?

**THESE ARE ALL SIGNS THAT  
MAY INDICATE YOU ARE IN  
AN ABUSIVE RELATIONSHIP**

**Humboldt Domestic Violence Services** has been serving the North Coast since 1977. Founded on the basic principles of consensus-based empowerment and non-violence, we have continually expanded our services through the years to assist all those living with or escaping from abuse.

## WHAT IS INTIMATE PARTNER VIOLENCE?

Intimate Partner Violence takes many forms. It can be an occasional slap or push. It can be threats of physical harm or even death. It can be control over the lives of others - the refusal to let someone work, go to school, or to leave the house. It can be insults and curses. It can be threats to deport someone, take away one's children or ruin one's reputation.

Intimate Partner Violence is not only physical threats of harm, it can be emotional, verbal, sexual, or economic abuse. It can take place within a marriage, a dating relationship, a gay or lesbian relationship, or a former marriage or dating relationship.

**No one deserves to be abused.**

**It is not your fault.**

**You are not crazy.**

**You are not alone.**

## WHAT HAPPENS WHEN YOU CALL THE CRISIS/SUPPORT LINE

- You will be put in touch with a crisis worker.
- No one will blame you or judge you.
- We will listen to you.
- We will provide you with information and referrals.
- We can meet you at a doctor's office, clinic, hospital, or another safe place.
- We will explore your options.
- We will work with you to develop a safety plan that will work for you.
- We can provide emergency shelter.

## WHAT YOU CAN DO

Call Humboldt Domestic  
Violence Services  
24-hour Crisis/Support Line:  
(707) 443-6042