

1 Approximately one in four teenagers will experience violence in a dating relationship between the ages of 12 and 21

2 If violence occurs once in a dating relationship it is likely to occur again.

3 In a study of eighth and ninth graders, 25% indicated that they had been victims of dating violence.



Need Help?

Give us a call

Humboldt Domestic
Violence Services
(707) 443-6042
24 hr Crisis/Support Line
1-866-668-6543

Youth Service Bureau
523 T Street, Eureka
(707) 443-8322
24 hr hotline (707) 444-CARE

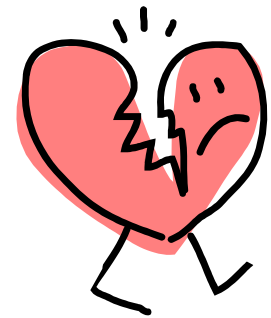
North Coast Rape Crisis Team
(707) 443-2737
24 hr hotline (707) 445-2881

Suicide Prevention Hotline
(707) 445-7715

Raven Project
(707) 443-7099
Service for homeless teens

Planned Parenthood
3225 Timber Fall Ct., Eureka
(707) 442-5709

Humboldt Domestic Violence Services



**Does Love
Have
to Hurt...**

**The facts about
Teen Dating Violence**

Quick Facts about Teen Relationship Violence

- It is estimated that one third of all high school and college students will have been in an abusive relationship by the time they graduate.
- About one in four teen victims relate violence with love, whereas only a small number associate violence with hate.
- More than half of the students who witness their parents being abusive to each other become involved in an abusive relationship
- In a survey of 232 high school girls, 17.8 percent of the subjects indicated that they had been forced to engage in sexual activity against their will by a dating partner.
- Women age 16 to 24 experience the highest per capita rate of intimate partner violence.



Are you being abused?

- Are you frightened by your partner?
- Are you afraid to disagree?
- Have you been hit, kicked, or shoved by your partner?
- Do you not see friends or family or do things because of your partner?
- Have you been forced to have sex or been afraid to say no?
- Does your partner make you feel worse about yourself?
- Do you have fewer happy times together, and more time spent on apologies, promises, anger, guilt, and fear?

Are you abusive?

- Are you extremely jealous or possessive?
- Do you have an explosive temper?
- Do you constantly ridicule, criticize, or insult your partner?
- Have you broken things or thrown objects at your partner?
- Have you kicked, hit, pushed, or otherwise injured your partner?
- Have you threatened bodily harm?
- Have you forced your partner to have sex?
- Do you constantly check up on or accuse your partner of cheating on you?

WARNING SIGNS OF AN UNHEALTHY RELATIONSHIP

EXTREME JEALOUSY
EXPLOSIVE TEMPER
CONSTANT CRITICISM
GIVING ORDERS
POSSESSIVE OF TIME
EXTREME HIGHS AND LOWS
CONTROLLING BEHAVIOR
BLAMING OTHERS
ALCOHOL/DRUG ABUSE
USING FORCE OR VIOLENCE
TO "SOLVE" PROBLEMS
ISOLATION
NAME CALLING, PUSHING, SHOVING, PINCHING, SLAPPING, HITTING, GRABBING, THROWING THINGS, AND FORCING SEXUAL ACTS