

1 Approximately one in four teenagers will experience violence in a dating relationship between the ages of 12 and 21

2 If violence occurs once in a dating relationship it is likely to occur again.

3 In a study of eighth and ninth graders, 25% indicated that they had been victims of dating violence.



Need Help?

Give us a call

Humboldt Domestic
Violence Services
(707) 443-6042
24 hr Crisis/Support Line
1-866-668-6543

Youth Service Bureau
523 T Street, Eureka
(707) 443-8322
24 hr hotline (707) 444-CARE

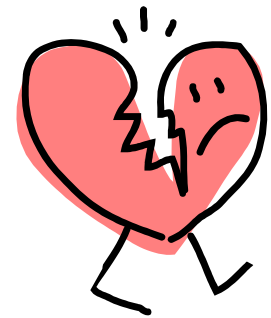
North Coast Rape Crisis Team
(707) 443-2737
24 hr hotline (707) 445-2881

Suicide Prevention Hotline
(707) 445-7715

Raven Project
(707) 443-7099
Service for homeless teens

Planned Parenthood
3225 Timber Fall Ct., Eureka
(707) 442-5709

Humboldt Domestic Violence Services



**Does Love
Have
to Hurt...**

**The facts about
Teen Dating Violence**

Quick Facts about Teen Relationship Violence

- It is estimated that one third of all high school and college students will have been in an abusive relationship by the time they graduate.
- About one in four teen victims relate violence with love, whereas only a small number associate violence with hate.
- More than half of the students who witness their parents being abusive to each other become involved in an abusive relationship
- In a survey of 232 high school girls, 17.8 percent of the subjects indicated that they had been forced to engage in sexual activity against their will by a dating partner.
- Women age 16 to 24 experience the highest per capita rate of intimate partner violence.



Are you being abused?

- Are you frightened by your partner?
- Are you afraid to disagree?
- Have you been hit, kicked, or shoved by your partner?
- Do you not see friends or family or do things because of your partner?
- Have you been forced to have sex or been afraid to say no?
- Does your partner make you feel worse about yourself?
- Do you have fewer happy times together, and more time spent on apologies, promises, anger, guilt, and fear?

Are you abusive?

- Are you extremely jealous or possessive?
- Do you have an explosive temper?
- Do you constantly ridicule, criticize, or insult your partner?
- Have you broken things or thrown objects at your partner?
- Have you kicked, hit, pushed, or otherwise injured your partner?
- Have you threatened bodily harm?
- Have you forced your partner to have sex?
- Do you constantly check up on or accuse your partner of cheating on you?

WARNING SIGNS OF AN UNHEALTHY RELATIONSHIP

**EXTREME JEALOUSY
EXPLOSIVE TEMPER
CONSTANT CRITICISM
GIVING ORDERS
POSSESSIVE OF TIME
EXTREME HIGHS AND
LOWS
CONTROLLING BEHAVIOR
BLAMING OTHERS
ALCOHOL/DRUG ABUSE
USING FORCE OR VIOLENCE
TO "SOLVE" PROBLEMS
ISOLATION
NAME CALLING, PUSHING,
SHOVING, PINCHING,
SLAPPING, HITTING,
GRABBING, THROWING
THINGS, AND FORCING
SEXUAL ACTS**